

## **Orienteering** **Stages 2 - 6**

**Duration:** 1.5 hours

**Location:** Wambangalang Woodlands, Obley Road, Dubbo.

**Risk Management Advice:** This form is emailed and will need to be returned.

**Cost:** This activity is included in the onsite whole day program and overnight programs.  
Onsite whole day program \$15.00 / student.

**What to bring:** Students need to bring morning tea, lunch in a lunchbox, water, hat and sunblock in a small back pack. The school encourages recycling so an Earth Friendly lunch is encouraged. An Earth Friendly lunch is one that has only recyclable or reusable containers for packaging and reduces the amount of rubbish.

**What to wear:** Sports uniform recommended with a hat and comfortable covered shoes.

**Teachers:** Teachers and visitors will need hats and covered shoes for walking in the woodlands.

**Extreme weather:** The school is in an extreme weather zone and could be subjected to days above 35 degrees, high wind, dust storms or extreme fire danger. Such conditions may result in the day being modified, cancelled or postponed.

**Medical conditions:** Please notify EEC staff.

**Centre expectations:** We encourage students to show respect for the environment during their visit. They can do this by being kind to all animals and insects, staying on paths and recycling their rubbish appropriately.



*"Empowering Learning Communities to Reconnect with, Value and Sustain our Natural and Cultural Heritage"*

## Overview

In groups of 3 or 4 students use a map to navigate a specified course through the woodlands, locate markers and record symbols.

## Learning Activities

View PowerPoint to learn orienteering elements of: International Orienteering Flag; control points; identification numbers; symbols; clues; map reading; and navigating through the woodlands.

Students are advised of safety issues to minimize risk of injury.

Orienteering Course in the woodlands: In small groups, students use a map to navigate a specified course through the woodlands, locate markers and record symbols.

## Australian Curriculum Outcomes

**ALS1.6** - participates in physical activity, recognising that it can be both enjoyable and important for health

**EN2-1A** - communicates in a range of informal and formal contexts by adopting a range of roles in group, classroom, school and community contexts

**PSS2.5** - uses a range of problem-solving strategies

**MA2-2WM** - selects and uses appropriate mental or written strategies, or technology, to solve problems.

**DMS2.2** - makes decisions as an individual and as a group member

**INS3.3** - acts in ways that enhance the contribution of self and others in a range of cooperative situations

**GE3-4** - acquires, processes and communicates geographical information using geographical tools for inquiry

**GSS3.8** - applies movement skills in games and sports that require communication, cooperation, decision making and observation of rules

**SLS1.13** - recognises that their safety depends on the environment and the behaviour of themselves and others

**SLS3.13** - describes safe practices that are appropriate to a range of situations and environments