



## Archery Years 4 - 12

Duration: 1.5 hours

**Location**: Wambangalang Woodlands, Obley Road, Dubbo.

**Risk Management Advice**: This form is emailed and will need to be returned.

**Cost:** This activity is included in the onsite whole day program and overnight programs.

Onsite whole day program \$15.00 / student.

**What to bring**: Students to bring morning tea, lunch in a lunchbox, water, hat and sunblock in a small back pack. The school encourages recycling so an Earth Friendly lunch is encouraged. An Earth Friendly lunch is one that has only recyclable or reusable containers for packaging and reduces the amount of rubbish.

What to wear: Sports uniform recommended with a hat and comfortable covered shoes.

**Teachers**: Teachers and visitors will need hats and covered shoes for walking in the woodlands.

**Extreme weather:** The school is in an extreme weather zone and could be subjected to days above 35 degrees, high wind, dust storms or extreme fire danger. Such conditions may result in the day being modified, cancelled or postponed.

Medical conditions: Please notify EEC staff.

**Centre expectations**: We encourage students to show respect for the environment during their visit. They can do this by being kind to all animals and insects, staying on paths and recycling their rubbish appropriately.



## Overview

Students learn the safe and accurate way to fire arrows at a target.

## **Learning Activities**

**Safety Rules -** Teachers inform students of the main safety rules to minimize risk of injury. Archers are not allowed on the field until all arrows are fired, the rope barrier is removed, and a teacher gives the all clear signal for students to enter the field to collect their arrows.

**Instruction Session** - Students are given step by step instructions on: stance; holding the bow; nocking the arrow; predraw and drawing; aiming; releasing; and follow through.

Maximum of 10 archers firing at a time.

## **Australian Curriculum Outcomes**

- **EN2-1A** communicates in a range of informal and formal contexts by adopting a range of roles in group, classroom, school and community contexts
- MAe-9MG describes and compares lengths and distances using everyday language
- MA2-2WM selects and uses appropriate mental or written strategies, or technology, to solve problems
- **ALS1.6** participates in physical activity, recognising that it can be both enjoyable and important for health
- **GSS3.8** applies movement skills in games and sport that require communication, cooperation, decision making and observation of rules
- **SLS1.13** recognises that their safety depends on the environment and the behaviour of themselves and others
- **SLS3.13** describes safe practices that are appropriate to a range of situations and environments
- **PSS2.5** uses a range of problem-solving strategies